

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY PAC - Performing Arts Center RR - The River Room				9:30 Balance Class (PAC) 1 10:00 Walking Club 12:00 Shopping Trip - White Flint Plaza (Kensington) 5:00 Wine & Cheese (Bar) 7:15 Brahms Symphony #1 Concert (Strathmore BSO)	8:30 Men's Breakfast (RR) 2 9:00 Women's Breakfast (Grill) 9:30 Yoga (PAC) 10:30 Water Aerobics (Pool) 10:30 Whole Foods (River Rd) 1:00 Canasta (Parlor) 1:00 Open Art Studio 1-3pm 3:00 Film Fest: Roma (PAC) 5:00 Virtual Shabbat (970)	10:00 Flower Mart (National Cathedral) 3 1:30 Duplicate Bridge (PAC) 1:30 Rummikub (4th Fl Porch) 3:00 Concert: The Best of Trio Los Panchos (970) 8:00 Evening Movie (971)
9:45 Bus to St. Bart's Church 4 10:00 Service live from Potomac Presbyterian (970) 12:00 Tech Talk with Student Group (PAC) 1:00 Documentary: Wonders of Mexico (970) 2:00 Cinema Sundays: The French Connection (PAC)	Cinco de Mayo 5 9:30 Resistance Bands (PAC) 10:30 No Water Aerobics 11:00 Art Class w/ Gerardo (Art Rm) 1:00 Family & Nursing Talk (PAC) 1:30 Scrabble (4th Fl Porch) 2:00 Green Team Comm. Mtg (3rd Fl Club Rm) 4:00 Cinco de Mayo Party (Kindred Spirits)	9:30 Stability Ball (PAC) 6 10:20 Parkinson's Fitness (PAC) 10:30 Current Affairs (Zoom) 11:30 Tai Chi (PAC) 12:00 Tech Videos 12 & 3:00pm 970 1:30 Bridge Group (Parlor) 1:30 Needlework (Living Rm) 2:00 Bingo (PAC) 3:00 Safety, Security & Wellness Comm. Mtg (3 Fl Sun Rm) 5:00 Mindfulness and Meditation (3rd Fl Club Rm) 5:15 Donny on the Piano (Bar)	9:30 Circuit Training Class (PAC) 7 10:30 Water Exercise 11:00 St. Bart's Church Service (5 Fl) 11:30 Parkinson's Support Group (Parlor) 1:00 Mahjong (Parlor) 1:30 Rummikub (4th Fl Porch) 2:15 Poetry (3rd fl sunroom) 2:30 Grounds Comm. Mtg (3 Fl Club Rm) 8:00 Evening Movie (971)	9:30 Balance Class (PAC) 8 10:00 Walking Club 12:15 Museum Outing: Woodrow Wilson House 5:00 Wine & Cheese (Bar)	8:30 Men's Breakfast (RR) 9 9:00 Women's Breakfast (Grill) 9:30 Yoga (PAC) 10:30 Giant (Rockville) 10:30 Water Aerobics (Pool) 1:00 Canasta (Parlor) 1:00 Open Art Studio 1-3pm 1:30 Dr. Jenner Lecture: The History of Las Vegas (PAC) 3:00 Film Fest: A Real Pain (PAC) 5:00 Virtual Shabbat (970) 5:15 In-Person Shabbat Service (WHC)	10:30 Bethesda Fine Arts Festival (Downtown Bethesda) 10 11:00 AAUW: The Challenges & Joys of Immigrating to the US (PAC) 1:30 Rummikub (4th Fl Porch) 3:00 Concert: Jon Batiste & Friends (Live) Jazz Night in America (970) 8:00 Evening Movie (971)
Mother's Day 11 9:45 Bus to St. Bart's Church 10:00 Service live from Potomac Presbyterian (970) 1:00 Documentary: The Great Conclave: The Full Story Of Pope Francis (970) 2:00 Sunday Series with Lila (PAC)	9:30 Resistance Bands (PAC) 12 10:30 Water Aerobics (Pool) 1:00 Music Appreciation Class: A Cappella - Classical & Popular Music (PAC) 1:30 Scrabble (4th Fl Porch) 2:30 RCA Board Meeting (PAC & 970)	9:30 Farmer's Market (Wintergarden) 13 9:30 Stability Ball (PAC) 10:20 Parkinson's Fitness (PAC) 10:30 Current Affairs (Zoom) 11:30 Line Dancing with Denise (PAC) 12:00 Tech Videos 12 & 3:00pm 970 1:30 Bridge Group (Parlor) 1:30 Needlework (Living Rm) 5:00 Mindfulness and Meditation (3rd Fl Club Rm) 5:15 Jerry Roman on the Piano (Bar)	9:30 Circuit Training Class (PAC) 14 10:30 Water Exercise 11:00 St. Bart's Church Service (5 Fl) 1:00 Chamber Music Series by Levine Music (PAC) 1:00 Mahjong (Parlor) 1:30 Rummikub (4th Fl Porch) 2:15 Classical Literature (3rd fl sunroom) 2:30 Grief & Bereavement Support Group (Parlor) 8:00 Evening Movie (971)	9:30 Balance Class (PAC) 15 10:00 Walking Club 11:45 National Aquarium Visit & Lunch (Baltimore) 5:00 Wine & Cheese (Bar)	8:30 Men's Breakfast (RR) 16 9:00 Women's Breakfast (Grill) 9:30 Yoga (PAC) 10:30 Trader Joe's (Rockville) 10:30 Water Aerobics (Pool) 1:00 Canasta (Parlor) 1:00 Open Art Studio 1-3pm 3:00 Film Fest: I'm Still Here (PAC) 5:00 Virtual Shabbat (970)	10:30 No Shopping Trip 12:15 Theater Outing: Salome (HD Met Opera at Regal Cinema) 17 1:30 Duplicate Bridge (PAC) 1:30 Rummikub (4th Fl Porch) 3:00 Concert: Carl Orff - Carmina Burana, Aufführung in Venedig mit Untertiteln (de) (970) 8:00 Evening Movie (971)
9:45 Bus to St. Bart's Church 18 10:00 Service live from Potomac Presbyterian (970) 1:00 Documentary: Treasures of the Louvre (970) 2:00 Cinema Sundays: The Conversation (PAC)	9:30 Resistance Bands (PAC) 19 10:30 Water Aerobics (Pool) 11:00 Art Class w/ Gerardo (Art Rm) 1:30 Scrabble (4th Fl Porch) 2:00 Wandering Docent Art Lecture: Orientalism and the Exotic East (PAC) 3:30 Health & Wellness Seminar: Bone Health Talk & Training Workshop (PAC)	9:30 Stability Ball (PAC) 20 10:20 Parkinson's Fitness (PAC) 10:30 Current Affairs (Zoom) 11:30 Tai Chi (PAC) 12:00 Tech Videos 12 & 3:00pm 970 1:30 Bridge Group (Parlor) 1:30 Needlework (Living Rm) 3:00 Blackjack (Wintergarden) 5:00 Mindfulness and Meditation (3rd Fl Club Rm) 5:15 Donny on the Piano (Bar)	9:30 Circuit Training Class (PAC) 21 10:30 Water Exercise 11:00 Activity Committee Mtg (4 Fl Club Rm) 11:00 St. Bart's Church Service (5 Fl) 1:00 Mahjong (Parlor) 1:30 Rummikub (4th Fl Porch) 2:15 Poetry (3rd fl sunroom) 8:00 Evening Movie (971)	9:30 Balance Class (PAC) 22 10:00 Walking Club 11:45 Potomac River Water Taxi Tour & Lunch (DC) 5:00 Wine & Cheese (Bar)	8:30 Men's Breakfast (RR) 23 9:00 Women's Breakfast (Grill) 9:30 Yoga (PAC) 10:30 Water Aerobics (Pool) 10:30 Wegmans (McLean) 1:00 Canasta (Parlor) 1:00 Open Art Studio 1-3pm 2:00 Steve Friedman Lecture (PAC) 3:15 Film Fest: September 5 (PAC) 5:00 Virtual Shabbat (970)	10:30 Shopping Trip - Potomac Village Shopping Center 24 1:30 Rummikub (4th Fl Porch) 3:00 Concert: HAUSER - "Live in Zagreb" FULL Classical Concert (970) 8:00 Evening Movie (971)
9:45 Bus to St. Bart's Church 25 10:00 Service live from Potomac Presbyterian (970) 1:00 Documentary: The World's Finest Winemakers (970) 2:00 Sunday Series with Lila (PAC) 8:00 Opera Viewing: La Wally (971)	Memorial Day 26 9:30 No Resistance Bands 10:30 No Water Aerobics 1:00 Memorial Day Documentary (970) 1:30 Scrabble (4th Fl Porch) 2:00 No Team Trivia 2:30 No Finance Committee Meeting 8:00 Opera Viewing: La Wally (971)	9:30 Stability Ball (PAC) 27 10:20 Parkinson's Fitness (PAC) 10:30 Current Affairs (Zoom) 11:30 Line Dancing with Denise (PAC) 12:00 Tech Videos 12 & 3:00pm 970 1:30 Bridge Group (Parlor) 1:30 Needlework (Living Rm) 2:00 Building Comm Mtg (4 Club Rm) 3:00 Poker (Wintergarden) 5:00 Mindfulness and Meditation (3rd Fl Club Rm) 5:15 Jim Rathvon on the Piano (Bar) 8:00 Opera Viewing: La Wally (971)	9:30 Circuit Training Class (PAC) 28 10:30 Water Exercise 11:00 St. Bart's Church Service (5 Fl) 12:30 Opera Appreciation Group: La Wally, Catalani (Parlor) 1:00 Mahjong (Parlor) 1:30 Rummikub (4th Fl Porch) 2:15 Classical Literature (3rd fl sunroom) 8:00 Evening Movie (971)	9:30 Balance Class (PAC) 29 10:00 Walking Club 12:00 Smithsonian Zoo (DC) 5:00 Wine & Cheese (Bar) 7:15 Zhang Conducts Tchaikovsky Concert (Strathmore BSO)	8:30 Men's Breakfast (RR) 30 9:00 Women's Breakfast (Grill) 9:30 Yoga (PAC) 10:30 Harris Teeter (Park Potomac) 10:30 Water Aerobics (Pool) 1:00 Canasta (Parlor) 1:00 Open Art Studio 1-3pm 1:30 Karaoke & Cupcakes (PAC) 3:00 Film Fest: Maria (PAC) 5:00 Virtual Shabbat (970) 7:45 REPertoire Musical Theater Student Performance (PAC)	10:30 No Shopping Trip 12:15 Theater Outing: Il Barbiere di Siviglia (HD Met Opera at Regal Cinema) 31 1:30 Rummikub (4th Fl Porch) 3:00 Concert: BOB DYLAN -Live in Australia 1986 (970) 8:00 Evening Movie (971)