

SUN	MON	TUE	WED	THUR	FRI	SAT	
<b>LOCATION KEY</b> LB - Lobby PAC - Performing Arts Center RR - The River Room			<b>April Fool's Day Passover</b> 9:30 Circuit Training Class (PAC) 10:30 Water Exercise <b>11:00 St. Bart's Church Service (5 Fl)</b> <b>11:30 Parkinson's Support Group (3rd Fl Club Rm)</b> <b>1:00 Acupuncture 101 Seminar: What It Is &amp; How It Can Help You (PAC)</b> 1:00 Mahjong (Parlor) 1:30 Rummikub (4th Fl Porch) 2:15 Poetry (3rd fl sunroom) 2:30 Grounds Comm. Mtg (3 Fl Club Rm) 8:00 Evening Movie (971)	<b>1</b> <b>Holy Thursday</b> 9:30 Balance Class (PAC) 9:30 Walking Club (LB) <b>11:00 Tidal Basin Scenic Spring Bus Tour (DC)</b> <b>5:00 Wine &amp; Cheese (Bar)</b> <b>5:45 Passover Second Night Seder Dinner (Wintergarden)</b> <b>7:45 Holy Thursday Bus Shuttle (St. Barts Church)</b>	<b>2</b> <b>Good Friday</b> 8:30 Men's Breakfast (RR) 9:00 Women's Breakfast (Grill) 9:30 Chair Yoga (PAC) 10:30 Water Aerobics (Pool) <b>10:30 Whole Foods (River Rd)</b> 1:00 Canasta (Parlor) 1:00 Open Art Studio 1-3pm <b>3:00 Film Fest: Train Dreams (PAC)</b> 5:00 Virtual Shabbat (970) <b>7:45 Good Friday Bus Shuttle (St. Barts Church)</b>	<b>3</b> <b>10:30 Shopping Trip - Sangamore Shopping Center</b> <b>1:30 Duplicate Bridge (PAC)</b> 1:30 Rummikub (4th Fl Porch) 2:00 Concert: International Classical Music Awards 2026 (970) 8:00 Evening Movie (971)	<b>4</b>
<b>Easter</b> <b>9:45 Bus to St. Bart's Church</b> 10:00 Service live from Potomac Presbyterian (970) 1:00 Documentary: Secrets of Christ's Tomb   SPECIAL   National Geographic (970) <b>2:00 No Cinema Sundays</b>	<b>5</b> 9:30 Resistance Bands (PAC) 10:30 Water Aerobics (Pool) <b>11:00 Art Class w/Gerardo (Art Rm)</b> 1:30 Scrabble (4th Fl Porch) 2:00 Green Team Comm. Mtg (3rd Fl Club Rm) <b>3:00 Bingo (PAC)</b>	<b>6</b> 9:30 Stability Ball/Balance (PAC) 10:30 Current Affairs (Zoom) 10:30 Parkinson's Fitness (PAC) <b>11:30 Line Dancing with Mary (PAC)</b> <b>12:00 Tech Videos 12 &amp; 3:00pm 970</b> 1:30 Bridge Group (Parlor) 1:30 Needlework (Living Rm) 3:00 Safety, Security & Wellness Comm. Mtg (3rd Fl Sun Rm) 5:00 Mindfulness and Meditation (3rd Fl Club Rm) <b>5:15 Donny on the Piano (Bar)</b>	<b>7</b> 9:30 Circuit Training Class (PAC) 10:30 Water Exercise <b>11:00 St. Bart's Church Service (5 Fl)</b> <b>1:00 Chamber Music Series by Levine Music (PAC)</b> 1:00 Mahjong (Parlor) 1:30 Rummikub (4th Fl Porch) 2:15 Classical Literature (3rd fl sunroom) <b>2:30 Soul Support Group (Parlor)</b> 8:00 Evening Movie (971)	<b>8</b> <b>Passover Ends</b> 9:30 Balance Class (PAC) 9:30 Walking Club (LB) <b>12:15 Phillip's Collection: Miró and the United States (DC)</b> <b>5:00 Wine &amp; Cheese (Bar)</b>	<b>9</b> 8:30 Men's Breakfast (RR) 9:00 Women's Breakfast (Grill) 9:30 Chair Yoga (PAC) <b>10:30 Giant (Rockville)</b> 10:30 Water Aerobics (Pool) 1:00 Canasta (Parlor) 1:00 Open Art Studio 1-3pm <b>1:30 Dr. Jenner Lecture: The Humor of Bob Hope (PAC)</b> <b>3:00 Film Fest: Blue Moon (PAC)</b> 5:00 Virtual Shabbat (970) <b>5:15 In-Person Shabbat Service (WHC)</b>	<b>10</b> <b>10:00 Shopping Trip - Rodman's (DC)</b> <b>11:00 AAUW: TBD (PAC)</b> 1:30 Rummikub (4th Fl Porch) 2:00 Concert: Mahler: Symphony No. 1 "Titan" - Karina Canellakis (970) 8:00 Evening Movie (971)	<b>11</b>
<b>9:45 Bus to St. Bart's Church</b> 10:00 Service live from Potomac Presbyterian (970) <b>12:00 Tech Support with Student Group (Wintergarden)</b> 1:00 Documentary: The Louvre: From Fortress to World's Greatest Museum (970) <b>2:00 Sunday Afternoon with Lila (PAC)</b>	<b>12</b> 9:30 Resistance Bands (PAC) 10:30 Water Aerobics (Pool) <b>11:00 Art Class w/Gerardo (Art Rm)</b> <b>1:00 Music Appreciation w/Dr. David Cohen (PAC)</b> 1:30 Scrabble (4th Fl Porch) <b>2:30 RCA Board Meeting (PAC &amp; 970)</b>	<b>13</b> 9:30 Stability Ball/Balance (PAC) 10:30 Current Affairs (Zoom) 10:30 Parkinson's Fitness (PAC) <b>11:30 Line Dancing with Denise (PAC)</b> <b>12:00 Tech Videos 12 &amp; 3:00pm 970</b> 1:30 Bridge Group (Parlor) 1:30 Needlework (Living Rm) <b>3:30 New Resident Welcome Event (PAC)</b> 5:00 Mindfulness and Meditation (3rd Fl Club Rm) <b>5:15 Jerry Roman on the Piano (Bar)</b>	<b>14</b> <b>Tax Day</b> 9:30 Circuit Training Class (PAC) 10:30 Water Exercise <b>11:00 Activity Committee Mtg (4 Fl Club Rm)</b> <b>11:00 St. Bart's Church Service (5 Fl)</b> 1:00 Mahjong (Parlor) 1:30 Rummikub (4th Fl Porch) 2:15 Poetry (3rd fl sunroom) <b>5:00 Abbott House Social (Living Room)</b> 8:00 Evening Movie (971)	<b>15</b> 9:30 Balance Class (PAC) 9:30 Walking Club (LB) <b>11:15 The National Museum of the U.S. Navy (DC)</b> <b>5:00 Wine &amp; Cheese (Bar)</b>	<b>16</b> 8:30 Men's Breakfast (RR) 9:00 Women's Breakfast (Grill) 9:30 Chair Yoga (PAC) <b>10:30 Trader Joe's (Rockville)</b> 10:30 Water Aerobics (Pool) 1:00 Canasta (Parlor) 1:00 Open Art Studio 1-3pm <b>1:30 Karaoke &amp; Cupcakes (PAC)</b> <b>3:00 Film Fest: Sentimental Value (PAC)</b> 5:00 Virtual Shabbat (970)	<b>17</b> <b>10:30 Shopping Trip - Rio Shopping Center</b> <b>1:30 Duplicate Bridge (PAC)</b> 1:30 Rummikub (4th Fl Porch) 2:00 Concert: Symphonieorchester & Chores des Bayerischen Rundfunks (970) 8:00 Evening Movie (971)	<b>18</b>
<b>9:45 Bus to St. Bart's Church</b> 10:00 Service live from Potomac Presbyterian (970) 1:00 Documentary: Our Planet   Coastal Seas (970) <b>2:00 Cinema Sundays: Moonstruck (PAC)</b>	<b>19</b> 9:30 Resistance Bands (PAC) 10:30 Water Aerobics (Pool) <b>11:00 Art Class w/Gerardo (Art Rm)</b> 1:30 Scrabble (4th Fl Porch) <b>2:00 Wandering Docent Art Lecture: European Medieval Art (PAC)</b>	<b>20</b> 9:30 Stability Ball/Balance (PAC) <b>10:00 Farmers Market (Wintergarden)</b> 10:30 Current Affairs (Zoom) 10:30 Parkinson's Fitness (PAC) <b>11:30 Line Dancing with Denise (PAC)</b> <b>12:00 Tech Videos 12 &amp; 3:00pm 970</b> 1:30 Bridge Group (Parlor) 1:30 Needlework (Living Rm) 5:00 Mindfulness and Meditation (3rd Fl Club Rm) <b>5:15 Donny on the Piano (Bar)</b>	<b>21</b> <b>Earth Day</b> 9:30 Circuit Training Class (PAC) 10:30 Water Exercise <b>11:00 St. Bart's Church Service (5 Fl)</b> 1:00 Mahjong (Parlor) 1:30 Rummikub (4th Fl Porch) 2:15 Classical Literature (3rd fl sunroom) <b>3:00 Seminar: Aging in Place at Fox Hill: What You Need to Know (PAC)</b> <b>5:00 Buckley House Social (Living Room)</b> 8:00 Evening Movie (971)	<b>22</b> 9:30 Balance Class (PAC) 9:30 Walking Club (LB) <b>12:15 Smithsonian Craft Show (DC)</b> <b>5:00 Wine &amp; Cheese (Bar)</b>	<b>23</b> 8:30 Men's Breakfast (RR) 9:00 Women's Breakfast (Grill) 9:30 Chair Yoga (PAC) 10:30 Water Aerobics (Pool) <b>10:30 Wegmans (McLean)</b> 1:00 Canasta (Parlor) 1:00 Open Art Studio 1-3pm <b>2:00 Steve Friedman Lecture (PAC)</b> <b>3:15 Film Fest: Rental Family (PAC)</b> 5:00 Virtual Shabbat (970)	<b>24</b> <b>10:30 Shopping Trip - The Shops at Wisconsin Place</b> 1:30 Rummikub (4th Fl Porch) 2:00 Concert: Sona Jobarteh - Jazz à Porquerolles - ARTE Concert (970) 8:00 Evening Movie (971)	<b>25</b>
<b>9:45 Bus to St. Bart's Church</b> 10:00 Service live from Potomac Presbyterian (970) 1:00 Documentary: The REAL Scotland Most People Will Never See (970) <b>2:00 Sunday Afternoon with Lila (PAC)</b> <b>8:00 Opera Viewing: Pelléas et Mélisande (971)</b>	<b>26</b> 9:30 Resistance Bands (PAC) 10:30 Water Aerobics (Pool) <b>11:00 Art Class w/Gerardo (Art Rm)</b> 1:30 Scrabble (4th Fl Porch) <b>2:00 Team Trivia (Kindred Spirits)</b> <b>3:00 Finance Comm. Mtg (4th Fl Club Rm)</b> <b>8:00 Opera Viewing: Pelléas et Mélisande (971)</b>	<b>27</b> 9:30 Stability Ball/Balance (PAC) 10:30 Current Affairs (Zoom) 10:30 Parkinson's Fitness (PAC) <b>11:30 Line Dancing with Denise (PAC)</b> <b>12:00 Tech Videos 12 &amp; 3:00pm 970</b> 1:30 Bridge Group (Parlor) 1:30 Needlework (Living Rm) 2:00 Building Comm Mtg (4 Club Rm) <b>3:00 Blackjack (Wintergarden)</b> 5:00 Mindfulness and Meditation (3rd Fl Club Rm) <b>5:15 Jim Rathvon on the Piano (Bar)</b> <b>8:00 Opera Viewing: Pelléas et Mélisande (971)</b>	<b>28</b> 9:30 Circuit Training Class (PAC) 10:30 Water Exercise <b>11:00 St. Bart's Church Service (5 Fl)</b> 1:00 Mahjong (Parlor) 1:30 Rummikub (4th Fl Porch) <b>2:45 Opera Appreciation Group: Pelléas et Mélisande (Debussy) (971)</b> <b>4:00 Spring Fling Party (Wintergarden)</b> 8:00 Evening Movie (971)	<b>29</b> 9:30 Balance Class (PAC) 9:30 Walking Club (LB) <b>12:15 Smithsonian National Museum of African Art (DC)</b> <b>5:00 Wine &amp; Cheese (Bar)</b>	<b>30</b>		

# April 2026

Independent Living